



WELCOME TO SEPTEMBER'S

# Monthly *Newsletter*

## *Staff Senators*



## A Strong Start to the Fall Semester: Keep the Momentum Going!

We're now a few weeks into the fall semester, and the energy across campus is undeniable. After months of preparation and planning, it's inspiring to see the campus filled with students, faculty, and staff all working together toward a common goal: creating an environment where everyone can thrive.

To all our dedicated staff who have worked endlessly to get us to this point-THANK YOU! Whether you've been supporting students, maintaining facilities, or keeping things running smoothly, your hard work and commitment have not gone unnoticed!



**"Unity in Service, Excellence in Action: Together We Achieve More"**

# HIGHLIGHTING EXCELLENCE ACROSS CAMPUS!

We are proud to celebrate the achievements of our dedicated staff members! Each month, we will highlight colleagues who have made significant contributions to our university.

## ★ Staff Achievers ★



### Know a colleague who deserves recognition?

We want to hear from you! If you know a fellow staff member who has gone above and beyond, achieved a milestone, or made a notable impact, please let us know. Your submissions help us shine a spotlight on the incredible work happening across our campus.

### How to submit an Achievement:

- Who to contact: Email Mechelle Williams, (Staff Senate President) at [mechellew@lsua.edu](mailto:mechellew@lsua.edu).
- What to Include: Provide the name of the staff member, their department, and a brief description of their achievements or contribution. Feel free to include any relevant photos or additional details.

Thank you for helping us recognize the hard work and dedication of our amazing staff!



Ms. Caillier, Division of Student Engagement

Ms. Marshall, Facility Services  
Ms. Purdy, Library Services  
Mr. Saucier, Technovation Center



Ms. Michelle Rozas,  
Nurse Practitioner



Mr. Woodworth, Facility Services  
Mr. Dauzat, Facility Services  
PIO Williams, LSUA Police Department  
Mr. Dauzat, Facility Services

Mr. Landreneau, Facility Services







## Career Center's Dr. Palmer Shares Valuable Insights at Staff Senate Meeting

At our September Staff meeting, we were honored to welcome Dr. Palmer from the Career Center as our special guest speaker. Dr. Palmer provided valuable insights into the wide array of programs and services the Career Center offers, not only to students but also to staff looking to expand their career development opportunities.

As part of our commitment to providing valuable resources to all staff, the Staff Senate will continue hosting guest speakers in the coming months. The speakers will introduce programs aimed at enhancing job performance and personal development.

We encourage all staff to attend these informative sessions and take advantage of the opportunities available to enhance your skills and career potential. Stay tune for more details on upcoming guest speakers!



## Quick Tips for a More Productive Workday

Staying on top of tasks while managing a busy schedule can be challenging, but a few small changes can make a big difference. Here are some quick tips to help you stay productive and focused throughout the day:

- **Prioritize Your To-Do List**

Start your day by identifying the top three tasks that need your attention. Focus on completing those tasks before moving on to smaller tasks.

- **Use Time Blocks**

Set aside specific blocks of time to work on task without distractions. Use a timer to stay focused, and avoid multitasking during these periods.

- **Organize Your Workspace**

A clutter-free workspace leads to a clutter free mind. Spend a few minutes each day organizing to keep things running smoothly.

Implementing these simple tips can help streamline your workday and make even the busiest days more manageable.



If you couldn't attend the last Senate meeting, don't worry! Our next meeting is scheduled for October 10, 2024, at 1:30 p.m. Be sure to mark your calendars!



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Action: Together We Achieve More”***

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 LSUA Staff Senate

*Mechelle Williams*