



SAFETY NEWSLETTER

FALL 1 2023

Welcome to the start of the LSUA Fall 2023 Semester! It is an amazing time on campus to see our students returning.

GUARDIAN APP

Creates a virtual safety net of friends, family and University Police.

DOWNLOAD THE GUARDIAN APP

to report emergencies or
access safety resources



COVID-19

Hospital admissions for COVID- 19 have inched upward in the United States since early July in a small-scale echo of the three previous summers. But those numbers are far lower than before.

At this time, vaccination continues to be the safest strategy for avoiding hospitalization, long-term health outcomes, and death.

LSUA GENERAL SAFETY RULES

Each year, LSUA is required to conduct training on the General Safety Rules listed below. They are also located in the Safety Manual on the LSUA website. Please read our rules and direct any questions to me at cgauthier@lsua.edu.

1. No smoking on campus.
2. Horseplay and fighting will not be tolerated in the work place.
3. Before beginning work, notify your supervisor of any permanent or temporary impairment that may reduce your ability to perform in a safe manner.
4. Operate equipment only if you are trained and authorized.
5. Immediately report any recognized potentially unsafe condition or act to your supervisor.
6. Immediately report accidents, near misses, and property damage to a supervisor regardless of the severity.
7. Report any smoke, fire, or unusual odors to your supervisor immediately.
8. Use proper lifting techniques. For objects exceeding 50 pounds in weight, the immediate supervisor shall determine specific methods for safe lifting.
9. If your work creates a potential slip or trip hazard, correct the hazard immediately. Special attention should be paid to electrical cords that stretch across walkways.
10. Fasten restraint belts before starting any motor vehicle.
11. Obey all driver safety instructions.
12. Comply with all traffic signs, signals, markers, and persons designated to direct traffic.
13. Adhere to departmental rules regarding first aid, evacuation routes, and fire department notification.
14. Adhere to departmental rules and procedures specific to departmental operations.
15. Assist and cooperate with all safety investigations and inspections and assist in implementing safety procedures as requested.
16. Adhere to any state, local, or campus policies on infection control procedures.



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WARNING SIGNS AND SYMPTOMS OF HEAT-RELATED ILLNESS

Heat-related illnesses are preventable. Learn the symptoms and what to do if you or a loved one shows signs of having a heat-related illness.

LOCK IT OR LOSE IT!

LSUA University Police Department has decided to join in on the Lock It or Lose It nationwide crime program.

Simply locking your doors and removing valuables from plain sight, can help deter potential criminals from targeting your property.

Don't be an easy target for theft or burglary. You should start getting into the habit of double checking you have locked your doors before you walk away.

There is no cure-all for criminal activity, but we can work together to prevent it.

HEAT-RELATED ILLNESSES

WHAT TO LOOK FOR	WHAT TO DO
HEAT STROKE	
<ul style="list-style-type: none">High body temperature (103°F or higher)Hot, red, dry, or damp skinFast, strong pulseHeadacheDizzinessNauseaConfusionLosing consciousness (passing out)	<ul style="list-style-type: none">Call 911 right away-heat stroke is a medical emergencyMove the person to a cooler placeHelp lower the person's temperature with cool cloths or a cool bathDo not give the person anything to drink
HEAT EXHAUSTION	
<ul style="list-style-type: none">Heavy sweatingCold, pale, and clammy skinFast, weak pulseNausea or vomitingMuscle crampsTiredness or weaknessDizzinessHeadacheFainting (passing out)	<ul style="list-style-type: none">Move to a cool placeLoosen your clothesPut cool, wet cloths on your body or take a cool bathSip water <p>Get medical help right away if:</p> <ul style="list-style-type: none">You are throwing upYour symptoms get worseYour symptoms last longer than 1 hour
HEAT CRAMPS	
<ul style="list-style-type: none">Heavy sweating during intense exerciseMuscle pain or spasms	<ul style="list-style-type: none">Stop physical activity and move to a cool placeDrink water or a sports drinkWait for cramps to go away before you do any more physical activity <p>Get medical help right away if:</p> <ul style="list-style-type: none">Cramps last longer than 1 hourYou're on a low-sodium dietYou have heart problems
SUNBURN	
<ul style="list-style-type: none">Painful, red, and warm skinBlisters on the skin	<ul style="list-style-type: none">Stay out of the sun until your sunburn healsPut cool cloths on sunburned areas or take a cool bathPut moisturizing lotion on sunburned areasDo not break blisters
HEAT RASH	
<ul style="list-style-type: none">Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)	<ul style="list-style-type: none">Stay in a cool, dry placeKeep the rash dryUse powder (like baby powder) to soothe the rash







WHERE DO I GO DURING AN EMERGENCY?

In the event of a fire or any situation requiring an evacuation of a building on campus, each building is assigned an Evacuation Area (E1 - E5) where everyone should report to safely. Please familiarize yourself with the list below and the designated area on the map for you to report to if the need to evacuate ever arises.

1. Coughlin Hall	Evacuation Area E1
2. Science Building	Evacuation Area E3
3. Abrams Hall	Evacuation Area E2
4. Oakland Hall	Evacuation Area E1
5. Chambers Hall	Evacuation Area E1
6. Fitness Center	Evacuation Area E3
7. Bolton Library	Evacuation Area E3
8. Student Center	Evacuation Area E2
9. Avoyelles Hall	Evacuation Area E3
10. Facility Services	Evacuation Area E5
11. LSUA Foundation	Evacuation Area E5
12. Children's Center	Evacuation Area E2

13. Weldon "Bo" Nipper	Evacuation Area E2
14. BCM	Evacuation Area E2
15. CSO	Evacuation Area E2
16. Utility Plant	Evacuation Area E3
17. The Oaks	Evacuation Area E2
18. AMoA	Per Downtown Plan
19. Allied Health Center	Per Downtown Plan
20. Mulder Hall	Evacuation Area E4
21. Soccer House	Evacuation Area E5
22. University Police	Evacuation Area E5
23. Epps House	Evacuation Area E5



The LSUA Emergency Operations Plan can be found on the Safety Website at <https://www.lsua.edu/fas/safety>



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LSUA EVACUATION ZONES

