



## FALL 1 2025

Welcome to the start of Fall 2025! The campus is buzzing, the energy is electric, and we're kicking off a brand-new semester packed with possibilities—let's make it unforgettable!

## HOME FIRE SAFETY

Did you know that if a fire starts in your home, you may have as little as two minutes to escape? During a fire, early warning from a working smoke alarm plus a fire escape plan that has been practiced regularly can save lives. Learn what else to do to keep your loved ones safe!

### Top Tips for Fire Safety

- ✓ Install smoke alarms on every level of your home, inside bedrooms and outside sleeping areas.
- ✓ Test smoke alarms every month. If they're not working, change the batteries.
- ✓ Talk with all family members about a [fire escape plan](#) and practice the plan twice a year.
- ✓ If a fire occurs in your home, **GET OUT, STAY OUT and CALL FOR HELP**. Never go back inside for anything or anyone.



## WARNING SIGNS AND SYMPTOMS OF HEAT-RELATED ILLNESS

Heat-related illnesses are preventable. Learn the symptoms and what to do if you or a loved one shows signs of having a heat-related illness.

### HEAT-RELATED ILLNESSES

WHAT TO LOOK FOR	WHAT TO DO
<b>HEAT STROKE</b>	
<ul style="list-style-type: none"> <li>High body temperature (103°F or higher)</li> <li>Hot, red, dry, or damp skin</li> <li>Fast, strong pulse</li> <li>Headache</li> <li>Dizziness</li> <li>Nausea</li> <li>Confusion</li> <li>Losing consciousness (passing out)</li> </ul>	<ul style="list-style-type: none"> <li>Call 911 right away—heat stroke is a medical emergency</li> <li>Move the person to a cooler place</li> <li>Help lower the person's temperature with cool cloths or a cool bath</li> <li>Do not give the person anything to drink</li> </ul>
<b>HEAT EXHAUSTION</b>	
<ul style="list-style-type: none"> <li>Heavy sweating</li> <li>Cold, pale, and clammy skin</li> <li>Fast, weak pulse</li> <li>Nausea or vomiting</li> <li>Muscle cramps</li> <li>Tiredness or weakness</li> <li>Dizziness</li> <li>Headache</li> <li>Fainting (passing out)</li> </ul>	<ul style="list-style-type: none"> <li>Move to a cool place</li> <li>Loosen your clothes</li> <li>Put cool, wet cloths on your body or take a cool bath</li> <li>Sip water</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>You are throwing up</li> <li>Your symptoms get worse</li> <li>Your symptoms last longer than 1 hour</li> </ul>
<b>HEAT CRAMPS</b>	
<ul style="list-style-type: none"> <li>Heavy sweating during intense exercise</li> <li>Muscle pain or spasms</li> </ul>	<ul style="list-style-type: none"> <li>Stop physical activity and move to a cool place</li> <li>Drink water or a sports drink</li> <li>Wait for cramps to go away before you do any more physical activity</li> </ul> <p><b>Get medical help right away if:</b></p> <ul style="list-style-type: none"> <li>Cramps last longer than 1 hour</li> <li>You're on a low-sodium diet</li> <li>You have heart problems</li> </ul>
<b>SUNBURN</b>	
<ul style="list-style-type: none"> <li>Painful, red, and warm skin</li> <li>Blisters on the skin</li> </ul>	<ul style="list-style-type: none"> <li>Stay out of the sun until your sunburn heals</li> <li>Put cool cloths on sunburned areas or take a cool bath</li> <li>Put moisturizing lotion on sunburned areas</li> <li>Do not break blisters</li> </ul>
<b>HEAT RASH</b>	
<ul style="list-style-type: none"> <li>Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)</li> </ul>	<ul style="list-style-type: none"> <li>Stay in a cool, dry place</li> <li>Keep the rash dry</li> <li>Use powder (like baby powder) to soothe the rash</li> </ul>



## LSUA GENERAL SAFETY RULES

**Each year, LSUA is required to conduct training on the General Safety Rules listed below. They are also located in the Safety Manual on the LSUA website. Please read our rules and direct any questions to me at [cgauthier@lsua.edu](mailto:cgauthier@lsua.edu).**

1. No smoking on campus.
2. Horseplay and fighting will not be tolerated in the work place.
3. Before beginning work, notify your supervisor of any permanent or temporary impairment that may reduce your ability to perform in a safe manner.
4. Operate equipment only if you are trained and authorized.
5. Immediately report any recognized potentially unsafe condition or act to your supervisor.
6. Immediately report accidents, near misses, and property damage to a supervisor regardless of the severity.
7. Report any smoke, fire, or unusual odors to your supervisor immediately.
8. Use proper lifting techniques. For objects exceeding 50 pounds in weight, the immediate supervisor shall determine specific methods for safe lifting.
9. If your work creates a potential slip or trip hazard, correct the hazard immediately. Special attention should be paid to electrical cords that stretch across walkways.
10. Fasten restraint belts before starting any motor vehicle.
11. Obey all driver safety instructions.
12. Comply with all traffic signs, signals, markers, and persons designated to direct traffic.
13. Adhere to departmental rules regarding first aid, evacuation routes, and fire department notification.
14. Adhere to departmental rules and procedures specific to departmental operations.
15. Assist and cooperate with all safety investigations and inspections and assist in implementing safety procedures as requested.
16. Adhere to any state, local, or campus policies on infection control procedures.

## RAVE GUARDIAN

*Rave Guardian* is an interactive system that enables users to quickly call campus police or 911. Additional features include being able to submit a tip, pictures, and videos directly to the LSUA University Police. Unlike Rave Alert, users must manually register for Rave Guardian by downloading the App from the App Store. Follow these steps:

1. Download the Rave Guardian from the App Store
2. Follow the prompts to enter your email
3. Create password/pin and set up your personal safety profile

### DOWNLOAD THE GUARDIAN APP

to report emergencies or access safety resources





## WHERE DO I GO DURING AN EMERGENCY?

In the event of a fire or any situation requiring an evacuation of a building on campus, each building is assigned an Evacuation Area (E1 - E5) where everyone should report to safely. Please familiarize yourself with the list below and the designated area on the map for you to report to if the need to evacuate ever arises.



The LSUA Emergency Operations Plan can be found on the Safety Website at <https://www.lsua.edu/fas/safety>

Coughlin Hall	Evacuation Area <b>E1</b>	Bo Nipper Tech Center	Evacuation Area <b>E2</b>
Science Building	Evacuation Area <b>E3</b>	BCM	Evacuation Area <b>E2</b>
Abrams Hall	Evacuation Area <b>E2</b>	CSO	Evacuation Area <b>E2</b>
Oakland Hall	Evacuation Area <b>E1</b>	Utility Plant	Evacuation Area <b>E3</b>
Chambers Hall	Evacuation Area <b>E1</b>	The Oaks	Evacuation Area <b>E2</b>
Fitness Center (The Fort)	Evacuation Area <b>E3</b>	Mulder Hall	Evacuation Area <b>E4</b>
Bolton Library	Evacuation Area <b>E3</b>	Soccer House	Evacuation Area <b>E5</b>
Student Center	Evacuation Area <b>E2</b>	University Police	Evacuation Area <b>E5</b>
Avoyelles Hall	Evacuation Area <b>E3</b>	Epps House	Evacuation Area <b>E5</b>
Facility Services	Evacuation Area <b>E5</b>	AMoA	Per Downtown Plan
Foundation Office	Evacuation Area <b>E5</b>	Allied Health	Per Downtown Plan
Children's Center	Evacuation Area <b>E2</b>		



## LSUA EVACUATION AREAS

