

# LSUA

## Staff Senate

# Newsletter

October 25, 2021

## WHO ARE WE?

The LSUA Staff Senate is made up of duly elected representatives from the staff employees of the University.



**Website:** [lsua.edu/staffsenate](https://lsua.edu/staffsenate)



**Email:** [staffsenate@lsua.edu](mailto:staffsenate@lsua.edu)

## Current Senators

- Takeyra "Keyra" Wagner  
*President*
- Daniel Manuel  
*Vice President*
- Kaitlyn Norton  
*Secretary*
- June Guillory  
*Parliamentarian*
- Donald Collins
- Richard Robinson
- Junetha Silas

## GET INVOLVED!

We will be sending out an email soon about nominations for Staff Senate Senators for 2022 - 2023! Email us if you have any questions.

## President's Message

We are a few days close to the end of October but welcome to Issue #2 of the Staff Senate Newsletter! I am happy to report that it is a 3-pager this time! We hope you enjoy this issue and please remember what the mission of Staff Senate is. We represent you! Our senators are your advocates, allies, and friends. I encourage you to attend our monthly meetings and consider getting involved with Staff Senate. If you have any issues or comments you'd like to bring up to Staff Senate, you can email us at [staffsenate@lsua.edu](mailto:staffsenate@lsua.edu) or fill out our web form on our website. Stay well everyone!

All the best,  
Takeyra "Keyra" Wagner

## Staff Spotlight

Thank you for your service to LSUA! ★

### Martha Dauzat

*Service & Outreach Manager*



Ms. Martha Dauzat oversees the library's social media pages, runs the service desk, and creates programming for faculty/staff and students to enjoy. She's worked at LSUA for 2 years and is originally from Alexandria, LA. Martha describes herself as a homebody and when she's not working/doing homework/running after a toddler, you can find her listening/reading fantasy books and trying to persuade everyone else to read them too. Martha's favorite book series is the *Stormlight Archive* by Brandon Sanderson. Bridge Four!

### Kathy Wimmert

*Student Development Specialist*



Ms. Kathy Wimmert is a Student Development Specialist who has worked at LSUA for 24 years. Some of her duties include advising and assisting suspended students and students on academic probation; co-coordinating the Ms. LSUA Pageant with Student Life; and teaching the LSUA 1001 Academic Success course. Kathy was born in Augusta, Georgia and raised in Tampa, Florida. Some fun facts about Kathy are that she looks forward to weekly Facetime with her eight-month old grandson in Florida, enjoys Yoga and Qi Gong, is an avid reader, and loves to travel.

## October is National Breast Cancer Awareness Month!



Breast Cancer Awareness month is intended to raise awareness about the impact of breast cancer. Breast Cancer is one of the most common cancers among American women and 1 in 8 women in the U.S. will develop breast cancer in her lifetime. It is a life-changing and devastating disease and early detection is critical to a patient's survival rate. Early detection includes doing monthly breast self-exams, and scheduling regular clinical breast exams and mammograms.

Learn more @ [www.nationalbreastcancer.org/early-detection-of-breast-cancer/](https://www.nationalbreastcancer.org/early-detection-of-breast-cancer/)

# Mark Your Calendars



- **October 28th** - Trick or Treat Street 4PM
- **Oct 25th - 28th** - Healthy Relationships Week
- **Nov. 11th** - Hot Dogs for Heroes Veteran's Day 11am - Quad
- **Nov. 11th** - Veteran's Day Ceremony at 12pm on the Quad
- **Nov. 13th** - Spend the Day @ A, LSUA Preview Day
- **Nov. 18th** - Diversity 101 Workshop - Check email for registration details
- **Nov. 24th** - Tanksgiving in the Ballroom 11am - Tickets \$3
- **Nov. 29th - Dec 4th** - Stress Less Week
- **Nov. 30th** - Christmas on the Quad at 4pm

Academic dates can be found on the Academic Calendar which is available on the Registrar's website: <https://www.lsua.edu/academics/registrar>



## Upcoming Staff Senate Meetings

- November 18, 2021
- December 16, 2021
- January 20, 2021

All meetings are held in Bo Nipper, Room 116 unless otherwise stated. Meetings are from 1:00 - 2:00 PM. All are welcome!

### HEALTHY RELATIONSHIPS WEEK AT LSUA

October 25th - 27th

RED FLAGS, POWER DYNAMICS, AND HEALTHY DATING BOUNDARIES



#### BEHIND THE POST

Monday, Oct. 25th | 1 PM | Mulder 232

This short film and discussion explore the 10 signs of an unhealthy relationship and how social media shapes our views.

#### HEALTHY RELATIONSHIP DYNAMICS

Tuesday, Oct. 26th | 11 AM | Mulder 232

Learn about red flags in relationships, cycles of abuse and power, and how to establish healthy boundaries.



#### IDENTIFYING TOXIC PEOPLE IN YOUR LIFE

Tuesday, Oct. 26th | 2 PM | Mulder 302

This counseling group will help you to recognize people who are detrimental to your emotional and mental wellbeing.

#### RESOURCE FAIR

Wednesday, Oct. 27th | 11 AM - 1 PM | Quad

Community agencies will be on site to provide you with information about resources in the area.



#### DATING & DOMESTIC VIOLENCE 101

Wednesday, Oct. 27th | 1 PM | Mulder 302

This training introduces domestic violence dynamics and statistics. Participants learn about power and control in relationships.

#### On-Campus Support

Counseling: 318-767-2604

Title IX: [lsua.edu/titleix](http://lsua.edu/titleix) | 318-427-0137

## Healthy Relationships Week

A 2019 Association of American Universities climate survey found that roughly 10% of college students experience intimate partner violence, which includes dating and domestic violence. Of those reporting, some 42% didn't tell anyone due to stigma or fear of repercussions. In another disturbing trend, 57% of students stated it was very difficult to identify dating violence. During the last week of October, we're partnering with the Family Justice Center of CenLA to encourage open discussion of intimate partner violence, help students to recognize healthy relationships, and introduce students to local resources to escape or report violent relationships. Please encourage your students to join us!



## What is Workplace Diversity?

Diversity in the workplace means the acceptance and inclusion of employees of all backgrounds. A workplace that is diverse is an important asset as it recognizes the distinct strengths of each employee and the cross-cultural perspective they bring. Since today's world is increasingly more interconnected and globalized, workplaces should take advantage of the diverse experiences of employees and what they can contribute. Having a diverse and multicultural awareness, better marketing currency, and opportunities for employees to reach their full potential. Ultimately, valuing and respecting the differences of others is what brings us all together and key to a thriving workplace and fair work culture.

To achieve more diversity at LSUA, we're offering a **Diversity 101 Workshop** for full-time faculty and staff.

This face-to-face, interactive workshop will be offered at two different times on **November 18th in the Coughlin Auditorium**.

To register, visit: <http://lsua.it/x6YR>.

Connie R. Cooper, M.Ed. (she/her/hers)  
Director, Office of Diversity, Equity and Inclusion

# Cybersecurity Awareness

## Do Your Part. #BeCyberSmart

October is Cybersecurity Awareness Month. It was launched in October 2001 by the National Cyber Security Alliance and the U.S. Department of Homeland Security in an effort to help all Americans stay safer and secure online. [Read the White House's Proclamation on Cybersecurity Awareness Month.](#)

For this month, IET services released a mock phishing email to check how aware we are of recognizing phishing emails. Unfortunately, a lot of LSUA users clicked on the links in the mock email and provided their credentials. Even though this particular email was a mock phishing attempt, this will not always be the case. Our campus receives phishing attempts multiple times a day, so clicking on fraudulent links and providing your credentials is a huge security risk to our organization.

### Remember these 7 important tips:

1. Always watch out for phishing attempts. Never let your guard down.
2. Always check for valid email addresses. Hover your mouse over the email address or the sender's name to see where it is really coming from. If the "from user" and the email address do not match, it is a phishing attempt.
3. Look for the "External" flags on emails. This will let you know that the email is coming from outside of LSUA.
4. Phishing attempts like to ask for "strange" and/or urgent requests.
5. Look for incorrect capitalization, bad spelling, and bad grammar. These are common in phishing attempts.
6. Hover your mouse over links to make sure it's going to the intended destination. If it is not, do not click on it.
7. Never open or download an attachment from an unknown or "strange" source. Attachments may contain viruses that can compromise your computer and personal information.

## Cybersecurity Awareness Training

As of October 2021, **less than half** of LSUA users have completed the Cybersecurity Awareness Training. This training is required and should be completed by December 31, 2021.

The training will teach LSUA users how to identify key indicators of cyber threats, how to use counter measures to safeguard against cyber threats, and how to apply strategies to limit the damage in the event of a cyber-attack.

Self-enroll at the following link:

<https://moodle.lsua.edu/course/view.php?id=18236>

## Technology Training



Is there an application you would like to learn more about? Would you like to see more free software trainings on campus? Do you have any recommendations for software training? We want to hear from you! Please complete the following survey on your technology training needs. This survey will help IET Services gather data to determine what training needs to be developed to help LSUA employees accomplish their goals and objectives.

<http://lsua.it/trainingsurvey>



Thank you for reading our newsletter. If you have information you would like to share in the Staff Senate newsletter, email us your content for review! [staffsenate@lsua.edu](mailto:staffsenate@lsua.edu)