

# WALKING TRAIL LEGEND



1. Epps House
2. The Oaks
3. Acorn Lake
4. "Oak Alley"
5. Cotton Gin Marker

6. Cistern Marker
7. Science Bridge
8. LSUA Bell
9. Golf Pond Bridge
10. Oakland Plantation Marker



11. Ball Fields
  12. Guard Lake
  13. Tennis Courts
  14. Fitness Trail
  15. MPAC
- \* Visitor Parking

-  0.5 miles  
The Rapides Foundation Loop
-  1.5 miles  
Heart of Campus Loop
-  Science Pond/Golf Pond  
Walk
-  .25 Mile  
Fitness Course

Wellness surveys indicate that the preferred physical activity is walking. Consequently, Louisiana State University Alexandria and the Rapides Foundation have invested in this Walking Trail to promote community health. Open and available to the public, the LSUA Walking Trail winds through what was once the Oakland Plantation. As you enjoy the Trail, you will see former plantation sites designated along the trail, such as the locations of the cotton gin and cistern, and the original silver bell. In addition, the historic Epps House is also located on the trail.



University improvements highlight the trail. Guard Lake and Acorn Lake were created in order to construct the LSUA Generals Athletic Complex and the Residence Hall, "The Oaks". The LSUA Walking Trail also connects to LSUA's twenty-station outdoor Fitness Course which was the campus' original fitness trail and is adjacent to the Multipurpose Academic Center. The Trail links key areas of campus and the route was selected to avoid disruption of existing trees.

LSU Alexandria has been designated as a Tree Campus USA and the Walking Trail complements this designation by the Arbor Day Foundation. Many trees have already been planted adjacent to the route of the Trail.

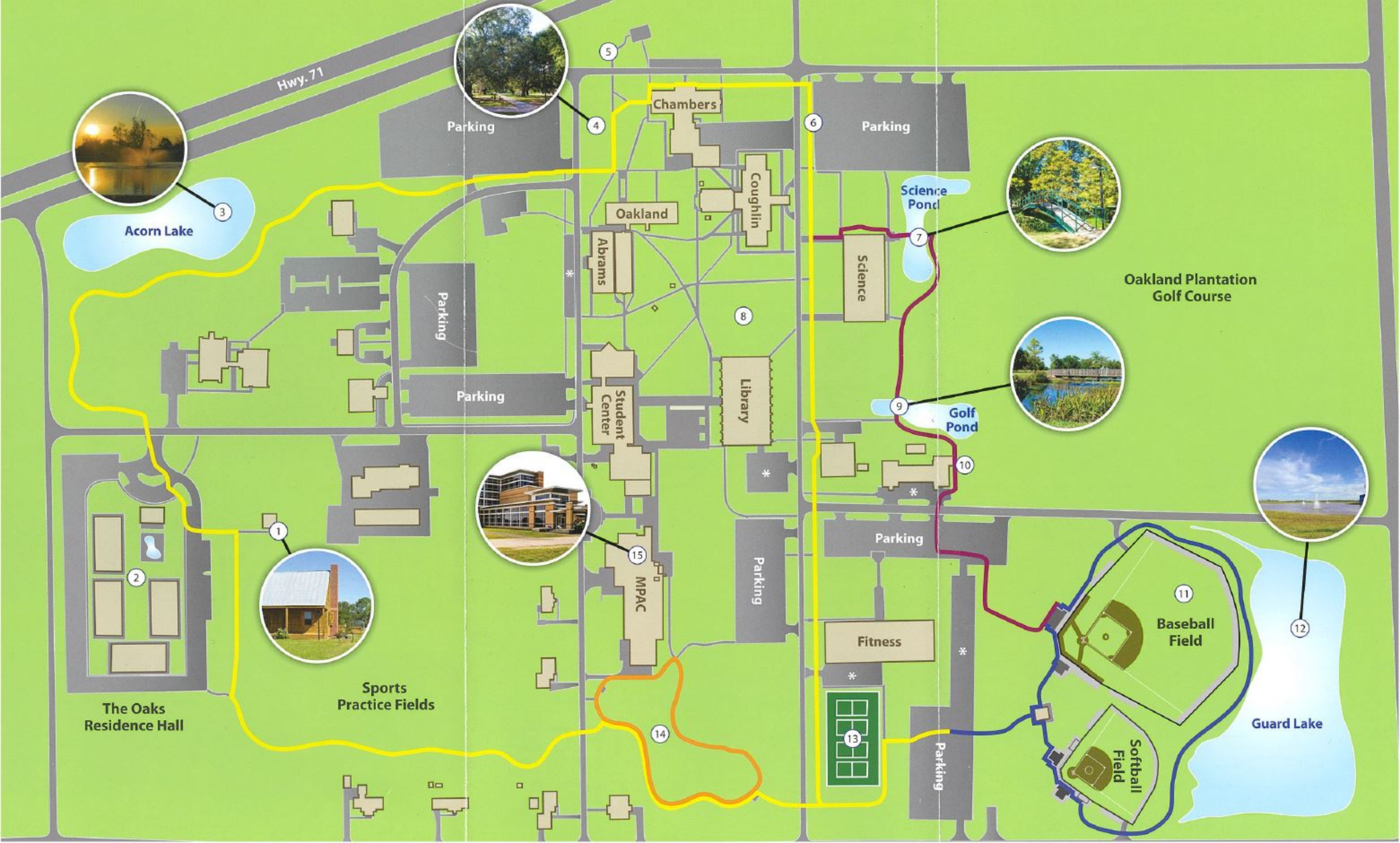
We invite you to walk our Trail and experience the beauty of the LSU Alexandria campus in a healthy and enjoyable way.

*David P. Manuel*  
Chancellor



## LOUISIANA STATE UNIVERSITY ALEXANDRIA WALKING TRAIL





3

Acorn Lake



4

Chambers

Parking

6

Parking



7

Science Pond

Oakland Plantation Golf Course



9

Golf Pond



15

MPAC

Parking

Parking

10



12

Guard Lake



1

The Oaks Residence Hall

Sports Practice Fields

14

13

Parking

11

Baseball Field

Softball Field

Parking

Fitness

8

Library

Student Center

Abrams

Oakland

Coughlin

5

Hwy. 71